



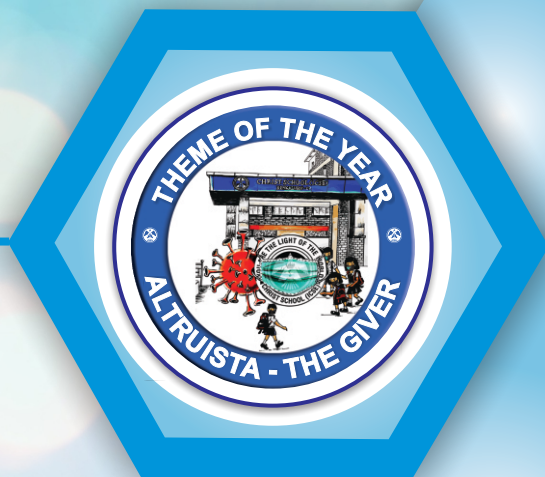
CHRIST SCHOOL ICSE

Christ School Road, Dharmaram College Post, Bengaluru - 560 029

The Monthly Newsletter

Excelsior

Ever upward and still higher...



Vol-X, Issue - VII & VIII
January & February - 2021



From the Principal's Desk

Rev. Fr. Nilson Davis CMI

My Dear Christites,

"Blessed are the peacemakers, for they will be called children of God" - Matthew 5:9.

Every day at school after your classes, you pack your bags and when you are all set to go, there is a song that you sing with an open heart. I hope you all remember that my dear little ones... Yes! ***'Make me a channel of your peace...'*** What a beautiful and meaningful chant! Isn't it? Have you ever tried to understand the true essence of that song? It is St. Francis who prayed, ***"Lord, make me an instrument of thy peace."*** When God created you, He made you so wonderful that he always wants you to be the most precious among his creations. Every new day given to you is a chance to create a better you.

Throughout the year we saw how to be a true giver, sticking on the theme of the year '***Altruista***'. Who doesn't love to live in peace and harmony? The world is really in need of peace! Dear children, have you ever thought of being givers of peace? Try to be the peace that everyone wants to experience in this world. To reflect peace, there should be peace within you. When you attain inner peace, you start giving it to others.

The first step towards being a giver of peace is to embrace your connection to the people around you. This is what the '***We feeling***' is all about! We are all one within the chain of humanity. When one link becomes disconnected, the whole chain falls apart. Throughout your day, especially during the difficult situations, you must learn to ask yourself, what would a God's child, who is capable of feeling and extending only peace to the ones around him/her would do. Then respond to all circumstances in that way! The magic of peace will manifest when you fully realize that you are the source of this infinite peace that can spread its wonder to others.

When we understand that we are all equal in the eyes of God, barriers between others will be removed and unity along with peace will finally become a reality! The need for peace in the world is on the minds of many. Almost daily we hear news of violence, war and death from around the world.

You can become an instrument of peace in any given moment of your life by deciding that you are not going to use your mind for anything other than peaceful thoughts. Your emphasis should be on giving, rather than receiving peace.

When you are an instrument of peace, you are not seeking anything for you, you become a peace provider. You do not seek peace by going over the lives of others and expecting them to change so that you would become more peaceful. Rather, you bring your own sense of calm to everyone you encounter.

Dear children, close your eyes, listen to that beautiful song once again. Listen to every word of it and put it into practice. Very soon, you will discover that giver of peace in you who has already begun to shine the light of peace on everyone around you. Excelsior Christites!

Vice Principal's Message



There is peace even in the storm. -Vincent Van Gogh

My dear Christites,

You have very truly remarked that if we are to reach real peace in this world and if we are to carry on a real war against war, we shall have to begin with children and if they will grow up in their natural innocence, we won't have the struggle, we won't have to pass fruitless idle resolutions, but we shall go from love to love and peace to peace, until at last all the corners of the world are covered with that peace and love for which, consciously or unconsciously, the whole world is hungering. – Mahatma Gandhi. Most people in our world don't understand peace as a positive concept. All they know is the negative aspect of peace, which is merely the absence of trouble. Peace is the opposite of running around in the midst of

constant anxieties. The Chol Indians of Mexico define peace as "a quiet heart." Those may be beautiful ways to put it, but they still seem to leave us with only the negative idea that peace is the absence of trouble.

Teach your kids to be giver of peace. Let your child establish friendly relations with neighbours. Remember, it is across the fence that quarrels often begin. Teach them to be patient if there are any misgivings with neighbours. Patience and peace go hand-in-hand. Whenever they have a problem with someone such as being unable to see eye-to-eye with that person on a particular issue, having a dispute over who has ownership rights over an object, or a simple disagreement, teach him to stay calm, analyse the situation, reflect on his actions and then resolve the issue. Encourage your children to set aside some 'quiet time' for themselves every day. Be a good example. Don't argue with anybody in front of children. Speak respectfully about other people. Don't gossip. Show kindness. It can be easy to forget that children are watching your every move, and learn more from what you do than what you say.

If we are to teach real peace in the world we shall have to begin with children. In this new century, we must start from the understanding that peace belongs not only to states or peoples, but to each and every member of the communities. Peace must be made real and tangible in the daily existence of every individual in need. Peace must be sought, above all, because it is the condition for every member of the human family to live a life of dignity and security.

Fr. Martin Onasseril CMI

Financial Administrator's Message

BE A GIVER OF PEACE

Dear Christities.....

In the new year message of 2021 Pope Francis said, "Life today is governed by war, by enmity, by many things that are destructive. We want peace. It is a gift". The modern world, especially in recent years, is torn apart by various acts of violence, hatred and strife. To this situation is added the confusion and fear arising from the Covid-19 pandemic. The pandemic and the consequent crisis have given rise to a global epidemic of depression, anxiety and lack of peace. This has exposed to ourselves the futility of material resources and the limits of human beings. Thus the humanity, as a whole, is going through true chaotic times at present.

In the backdrop of this state of affairs, the responsibility of every good human being is to stand for and give peace. We need the power to stand unaffected by the changing external situations. We need to experience peace and joy; and we need to give this peace to others. The parting gift of God to humanity is peace. In the Gospel of St. John chapter fourteen Jesus says, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid". Let us not be troubled by the struggles and challenges. We have the power to withstand these and help others to navigate to the shore of peace through this troubled ocean. I wish and pray that we all become messengers and givers of peace in this world of trouble and at this time of confusion and anxiety.

Fr. Reji Koodappattu CMI



JANUARY AT A GLANCE

- * COVID TEST FOR THE STAFF
- * FOUNDERS DAY
- * VIVA VOCE EXAMINATION FOR GRADE 1 TO 5
- * NATIONAL WEBINAR ON ST. CHAVARA
- * ARMY DAY
- * PREPARATORY EXAMINATION
- * REPUBLIC DAY

FEBRUARY AT A GLANCE

- * FOUNDERS DAY, MANAGERS DAY AND AWARD DAY
- * PRINCIPALS DAY
- LA ALMENARA- THE BEACON
- * ESPERANZA –THE GALLANT

A heart at PEACE gives life to the body

The best example for the giver of peace is Jesus Christ. He said, "Peace I leave with you; my peace I give you".

God's peace is relational, not circumstantial. It is active and not passive. The Lord actively dispenses peace to those whose mind stays upon him. So keep focus on him and keep praying.

When you are happy, the world of which you are a part is happy. When you are at peace, the world of which you are a part is at peace. Bringing peace to the world through you is about setting an example, being the goodness, the light and that the world always needs more of. Peace does not rest in the charters and covenants alone. It lies in the hearts and minds of all the people. So let us not rest all our hopes on parchment and on paper, let us strive to build peace, a willingness to work for peace in the hearts and minds of all the people.

Peace is the only religion for both man and the universe. In a peaceful environment all good things are possible, whereas in the absence of peace, we cannot achieve anything of a positive nature, either as individuals, or as a community, or even at a national or international level. Peace is the reality version of happily ever after. Peace is the greatest style of love of the world, which includes tolerance, forgiveness, and wisdom all in a society and people deal with all the situations.

Learn to accept that there are other people around, other kind of thoughts, other beliefs, other religions and that is okay, our most valuable ownership is an open mind. Peace is forgiveness. It only exists when you smile at the person who has made you go through a difficult situation. You can find peace everywhere but it has to begin from within.

The happiest people in life are the givers, not the getters. Let's be a giver of peace and spread the happiness.



Ms. Mini Manuel

GURUVANI

Be a Giver of Peace

Peace can challenge us to discover ourselves and perhaps allow us to surrender to our circumstances. When you stop going against the grain and go with the flow life may just get a little sweeter. The more you give, the more you will expand beyond the earthly measures. Giving without an expectation of receiving something back in return will delight your soul.

You could give anything but nothing would match the satisfaction of giving someone what they could never buy with money. Giving a bit of your time to your loved ones, giving happiness to the one who has lost all hope, being a listening ear to the one who has a lot to say or just by giving peace. We can make a huge difference in an individual's life.

Whether it's your peace of mind or the peace of people around you, it all begins with making an effort to be more calm and present. In the world of hopelessness, be a hope giver. In the world of disbelieves, be a faith builder. In the world of pain, be a joy spreader. In the world of revenges, be a peace bringer. Our heartbeats and simple deeds can be filled with peace and joy. It all depends on how we choose to be and influence others with what we are. Share peace with the one who needs and just see the difference it makes. It isn't enough to talk about peace; one must believe in it, work at it and spread it. Let go of all the thoughts that make you weak. Be a person full of happiness and peace such that your vibe is irreplaceable. Pass on the peace, because the world needs it. It can start with a simple smile.

Peace is a mirror through which you see the world. Be it, live it and reflect it.



Ms. Sarfunissa Begum

Department of Hindi

PARENT'S TALK

PEACE, The Gift God Loves to Give!

Peace is the great gift we can give each other. We can bring peace to others by keeping peace with ourselves first. Peace brings equality in the situations, places, and peoples around us where there is inequality with a peaceful approach. How often we used to notice the people who are struggling around us? How might we bring peace to them? Maybe it is a kind of word of encouragement or an act or a gift on their doorstep. As giver of peace, we can bring comfort in other's lives, especially who are in troubles. Peace makes a way out of conflict; as we can always be reached out peacefully in the conflicts with others to be treated with respect. Peace can begin with choosing to be peaceful rather than remembering the past. "PEACE BE WITH YOU..." is an odd greeting that always stuck on me when I had to attend the religious services, but rarely had found peace in those offering it or in what I received. How can I offer peace if that is something difficult to find in myself. You can share what is helped you so others might benefit, peace is a gift. We can empower a new generation of peace builders for a peaceful and prosperous world for all.



Ms. Sona Raphael

Parent of Richard Thommana, Grade 4D
Librarian, Christ Junior College

"Create peace within yourself so that you can spread the fragrance of peace all around the world".
Debasish Nridha

Be a giver of peace

“Peace I leave with you; My Peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, nor let it be fearful.” (John 14:27)

Peace is a concept of societal friendship and harmony in the absence of hostility and violence. Peace is when people are able to resolve their conflicts without violence and can work together to improve the quality of their lives.

Now I will tell you the different concepts of Peace and how to achieve it:

A peaceful home:

There are physical violence and mental violence in our houses. The mental violence can make a person's life a living hell, and all you can do is to stop it. We can do our part.

Finding peace with yourself:

Accepting, understanding and loving yourselves may come as a big challenge. We feel guilty. We judge and blame ourselves. There are many things you can do to help yourselves: meditate, exercise, write a journal, or seek a psychologist....

Important is to do something.

Nobel peace prize is the highest honor awarded to peace maker.

So let us play an important role so that we all together can make the world peaceful and a better place.

When we are a giver of peace we will receive it too.

“To be a peacemaker you must know the peace giver”

-Billy Graham



Gopika Arun

Grade 8-C

COVID TEST FOR THE STAFF

Christ School ICSE arranged a team from the BBMP Health Department under the leadership of Mr. Yakkub and his team to conduct a Covid test for the staff members. The test was conducted on 9th January, 2021 at 2 pm in the school premises. There were approximately 125 teachers both from the Kindergarten and ICSE section. All the necessary arrangements were done in school for the test.



VIVA VOCE EXAMINATION FOR GRADE 1 TO 5

The third unit test for classes 1 to 5 began on 11th January, 2021 and ended on 20th January, 2021. The viva voce was conducted in Microsoft Teams. The guidelines to be followed during the viva exams were sent to the students. The students were divided into two groups and there were two different time slots. The students would have to wait for the invite call from their respective teachers. They were given a thorough practice and revision was conducted on a daily basis by the teachers.



FOUNDERS DAY



Christ School ICSE celebrated the Founder's Day virtually on 3rd January, 2021 by releasing a video on St. Chavara – The Legend. The video was released in our YouTube Channel as a dedication to the great saint and visionary who paved the way for a better future for the society. He has contributed a lot towards the society and especially in the field of education. He always thought about the downtrodden people and never showed any discrimination. He has taught us that we need to treat one another equally and always help and serve the humanity.

• NATIONAL WEBINAR ON ST. CHAVARA •

Christ School ICSE teachers attended the National Webinar on St. Chavara: The Trailblazer of Modern Education. This seminar had been organised by the CMI Congregation on 10th January, 2021 at 6pm. It was a two and half hour seminar and was attended by all the teachers of the Christ fraternity. It was an informative and really helpful session.

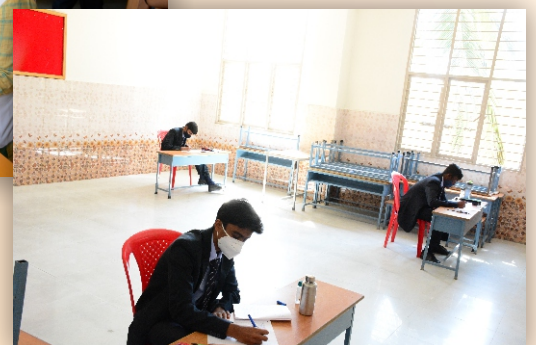
ARMY DAY



Christ School ICSE observed Army Day by releasing a video on 15th January, 2021 to salute the soldiers who sacrificed their lives for this nation. Army Day marks a day to salute the valiant soldiers who sacrificed their lives to protect the country and its citizens. We remember the brave hearts who made the supreme sacrifice in service to the nation. India will remain forever grateful to courageous and committed soldiers, veterans and their families.

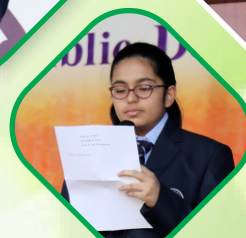
PREPARATORY EXAMINATION

The first Preparatory Examination for grades 8, 9 & 10 was conducted from 18th January, 2021 to 11th February, 2021. The exam for grades 9 & 10 was conducted offline, where the students came to school to write their exam. In every classroom there were only four students seated and all the necessary preparations were done for the smooth functioning of the exam. Grade 8 had an online exam for 50 marks. The exam too was conducted well without any hindrances.



REPUBLIC DAY

Christ School ICSE celebrated the 72nd Republic Day of India in the school campus. The Chief Guest for the day was Colonel B K Dhoundiyal, Ashok Chakra awardee who won the award for his bravery shown in his fight against the terrorists. The programme started at 9 am. There were motivating speeches by our Principal Rev Fr Nilson and the Chief Guest. We started the day by flag hoisting followed by the March past by the NCC students. There were programmes like patriotic song and dance that filled the ambience with the feeling of patriotism. The video was uploaded in our official You-Tube channel.



FOUNDERS DAY, MANAGERS DAY AND AWARD DAY

Christ School ICSE jointly celebrated the mega event “Founder’s Day, Manager’s Day and Award Day on 10th February, 2021 . Various Principals of Christ Group of Schools too were a part of this beautiful day. On the same day, newly built labs and Chavara Conference Hall was blessed by Rev. Dr. Paul Achandy CMI, the Manager, Christ Group of Schools. It was streamed live on our official YouTube channel. On this day we commemorated the 150th death anniversary of St. Kuriakose Elias Chavara which was on 3rd January, 2021 remembering his legacy that was left behind him. Felicitation speeches were given by a student and a teacher.



Every month Christ School ICSE releases the newsletter- EXCELSIOR. This month we have released a special edition of the newsletter ‘The Luminary’ which commemorates the Sesquicentennial birthday in heaven of St. Kuriakose Elias Chavara. This special edition comprises of the articles written in three different languages by teachers, parents and students on St. Chavara.



We celebrated Manager's Day in a grand way. We extended our festal greetings to Rev. Dr. Paul Achandy CMI, the rector of Dharmaram College, the chancellor of Christ deemed to be University and the manager of our school. As the manager of our school, his presence as well as guidance is constantly felt in our school. We felicitated father with a shawl, card and a plant.



We also celebrated the Award Day where all the students who scored centum in the year 2019-20 Board Examination were felicitated and honoured for their hard work. Christ School ICSE feels proud in announcing that in March 2020 ICSE Board Examination students have scored 29 centum in various subjects, to be precise History and Civics 11 centum, Computer Science 8 centum, English Literature 4 centum, Mathematics 2 centum, Biology 1 centum and Geography 1 centum. The day was special for the teachers as well, as their efforts were also recognized in training the students for the

board exams. The teachers were also honoured who worked hard along with the students in achieving centum.

The students who came first, second and third were given a memento, gift and a voucher. A total of 19 students scored 95% and 61 students scored above 90% .They all were given a memento. The celebration was streamed live in our official You Tube channel.

The event was a huge success and went on really well. Every event was planned and executed well.



PRINCIPALS DAY

La Almenara- The Beacon



Christ School ICSE celebrated Principal's day on 13th February, 2021. It was the day we all were waiting for to show our love towards our Principal Rev Fr. Nilson Davis Pallisseri CMI. The teachers and students were actively involved for the success of the programme. The day's programme commenced with a lovely prayer service where we prayed for the well being of our Principal and also thanked the Lord Almighty for blessing our school with a Principal like him. The prayer service was followed by cultural programmes. A treat of bollywood numbers captivated everyone. Students and teachers showcased their love by performing in different events. Various Principals of Christ Group of Schools too were a part of this beautiful day. Every single event was meticulously planned and executed perfectly. The celebration was streamed live in our school's official You Tube channel. It was a huge success.



ESPERANZA –THE GALLANT



Esperanza was an event launched by Christ School ICSE holding on to the theme Altruista- the giver in the

beginning of the academic year as a tribute to the brave Covid warriors who showcased first hand courage and determination by acting in solidarity in saving lives to overcome the devastating socio economic impacts of the virus. Esperanza comprised of 27 events through which our brave little Christites showed their unanimous support. It was

the joint venture by the teachers, students and parents to accolade the Covid warriors. More than 2000 students and 200 parents participated and joined their hands and hearts to honour the real super heroes. The teaser of the uncut series of Esperanza was unveiled by Rev Dr Paul Achandy CMI, manager of Christ Group of Schools on 10th February 2020.

A series of Esperanza- the Gallant was released episode wise in our official You Tube channel. EPISODE 1 was released on 15th February, 2021, EPISODE 2 on 22nd February, 2021 and still more episodes to come. Let's salute each one of them for their work and give them the recognition they deserve.

ESPERANZA | EPISODE 1 | CHRIST SCHOOL ICSE | BENGALURU-29



A Ray of Hope' Esperanza



Episode -1



Episode -2

BLESSING OF RENOVATED CONFERENCE HALL AND LABS

